

# Galleria

*Shops of Distinction*

FOR IMMEDIATE RELEASE

FOR: Galleria  
www.galleriaedina.com  
69<sup>th</sup> and France Ave.  
Edina, MN 55435  
CONTACT: Evans Larson: 612-338-6999  
- Susan Evans: susan@evanslarson.com  
- Elizabeth Pavlica: elizabeth@evanslarson.com

## **HEALTH UPDATES FOR REAL WOMEN** **GALLERIA'S WOMEN'S HEALTH LUNCHEON SERIES**

**WHO** You! Because friends and family come to you for advice

**WHAT** The final Women's Health Luncheon – Focus: Lower Back Pain  
Learn about the causes and treatments for lower back pain.

**WHEN** Thursday, October 15 2009  
11:30 a.m. to 1:00 p.m.

**WHERE** CRAVE at Galleria  
69th and France Ave.  
Edina, Minnesota 55435



**HEALTH FACT** The American Chiropractic Association estimates that 70% to 85% of all people suffer from back pain at some time in their life. In fact, low back pain is the fifth most common reason for all physician visits in the United States.

**THE PROGRAM** The luncheon begins with Galleria stores showing off fall fashions. Enjoy the styles – and time with friends! – then savor a fresh, healthy lunch from the chefs at CRAVE

Many women experience low back pain during their lifetime, and although it can be debilitating and painful, there are options to relieve pain and strengthen the back to minimize discomfort and prevent reoccurrence. Dr. Sarah Lehnert, a sports medicine and non-surgical orthopedic care physician at Fairview Sports and Orthopedic Care in Burnsville, will discuss the common causes and treatments for lower back pain.

**TICKETS** \$35/person, includes lunch from CRAVE, a fall fashion preview, and Dr. Lehnert's presentation.

**RESERVATIONS** To reserve your place, call Galleria Guest Services at (952) 925-4321.

**SPONSORS** Galleria and Fairview Southdale Hospital

### **About Galleria**

Galleria offers an exceptional selection of casual dining, unique local shops and favorite specialty stores wrapped within a sophisticated, relaxed atmosphere. Locally owned and managed by Gabbert & Beck, Inc., Galleria is located at 69th and France Avenue in Edina, Minnesota; hours are Monday-Friday: 10 a.m. – 9 p.m., Saturday: 10 a.m. – 8 p.m. and Sunday: 11 a.m. – 5 p.m. Restaurants and some stores operate additional hours. For more information, visit [www.GalleriaEdina.com](http://www.GalleriaEdina.com).

# # # #